



Florida Swimming, Inc. Athlete's Newsletter

www.floridaswimming.org

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Well, hello there Florida swimmers! Sorry it has been so long since I last wrote, but boy has it been a hectic last few months. With open water championships, summer training for us, and of course the ever exciting OLYMPIC TRIALS! Wow, did we see some great swims! Congratulations to our Beijing Olympic team! Swim well! For the rest of us, I hope everyone has been training their hardest this summer in anticipation for whichever championship meet you are attending at the end of summer. Whether it's JO's, Senior Champs, Junior Nat's or whatever level, swim your hardest! School is about to start as well, so I hope everyone is prepared for another year of juggling swimming and academics. I give my best wishes to all the hard working swimmers on every level. And I hope to have another good year!

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